



VELAMMAL
INSTITUTE OF TECHNOLOGY
Chennai - Kolkatta Highway, Panchetti, Ponneri



AWARENESS PROGRAM

Event Name: Digitalisation and its ill-effects

Date of Event: 12.12.2024

Speaker : Dr.Jaya mary , counsellor

Venue : I floor Seminar hall



A program on Awareness on Digitalisation and its ill-effects was conducted for first year boys of our college on 12th December 2024 in I floor seminar hall. The Program started at 1.45pm and ended at 3 pm. Audience were interactive. Dr.Jaya Mary, counsellor , speaker of the session gave an awareness on digital fraud occurring in society and how it has to be handled with care.She also advised students not to get involved in these crimes , online gaming etc., in order to have peaceful life.

Event Name: Program on Hygiene and Behaviour

Date: 16.4.2025

Speaker: Dr.Jaya mary , counsellor

Venue:I Floor Seminar Hall



An awareness **program on Hygiene and Behaviour** was conducted for first year students on 16th April 2025 in I floor seminar hall. The Program started at 1.45pm and ended at 3 pm. Audience were interactive. Dr.Jaya Mary , counsellor , speaker of the session gave an awareness on hygiene and its importance. She advised students to take up sports, so that they are ever-active and have only positive thoughts. Students were advised not to use mobile phones for a long time, which only provokes anger and stress, to wash clothes daily

AWARENESS PROGRAM

Event Name: Love your Parents

Date of Event: 9.5.2025

Speaker : Dr.Jayamary , counsellor

Venue : I floor Seminar hall



An awareness program on **Love Your Parents** was conducted for first year students on 9th May ,2025 in I floor seminar hall. The Program started at 11am and ended at 12noon. Audience were first year boys and girls. They were interactive. Dr.Jaya Mary , counsellor , speaker of the session gave an awareness on the kind of love students should accept during teenage. She advised students to love their parents and give them full support. Love at this age is infatuation and won't stay for a long period. She also spoke about different kinds of love, which are true. She made students understand which kind of love can be accepted.